



# **BARGOED ICE RINK**

## **TERMS & CONDITIONS OF SKATING**

**11<sup>th</sup> Hour Ice Ltd**, Units G6-7 Southpoint Ind Est, Foreshore Road, Cardiff, CF10 4SP Tel: 02920 794444

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## SKATING SAFETY WHILST ON THE ICE

**ALL SKATERS ARE REMINDED THAT THEY SKATE AT THEIR OWN RISK**

The following Rules and Regulations are for your safety – please ensure that you have read them before taking to the ice and listen to all instructions from our ice marshals and management staff.

### THE DO's & DON'Ts WHILST ON THE ICE

#### Please Do:

- ✓ Do put your skates on in the skate exchange area, and use the seating provided.
- ✓ Do keep away from the ice area when resurfacing is taking place.
- ✓ Do skate in an anti-clockwise direction unless directed otherwise\*
- ✓ Do obey skating marshals / management requests.
- ✓ Do put litter in the bins provided.
- ✓ Do ensure your skates are worn correctly.
- ✓ Do wear suitable attire for an outdoor event and for skating.
- ✓ Do try to keep noise levels to an acceptable level (i.e no screaming or shouting)
- ✓ Do report any accidents to a member of staff.
- ✓ Do always listen and obey the staff's instructions.

\* Please Note: you are required to skate in an anti-clockwise direction, however on some occasions staff may instruct all skaters to skate in a clockwise direction. Please ensure that you skate in the correct direction at all times, or as directed.

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**Please Do Not:**

- × Do not smoke anywhere at the ice rink
- × Do not go on the ice without wearing skates or safety gripper shoes
- × Do not litter, place rubbish in the litter bins provided
- × Do not wear “Hoodies” with the hood up.
- × Do not take bags, phones or cameras onto the ice
- × Do not smoke or vape whilst on the rink.
- × Do not use mobile phones whilst on the ice rink
- × Do not skate whilst under the influence of alcohol or other substances
- × Do not take or use personal entertainment systems on to the rink
- × Do not eat, chew or drink whilst on the ice
- × Do not play tag, touch or any other games whilst on the ice
- × Do not sit or climb on the rink barrier
- × Do not skate across the middle of the ice, or against the flow of other skaters
- × Do not skate in chains holding hands. Only two holding hands is permitted.
- × Do not chip, throw or spray the ice
- × Do not carry children and infants whilst on the rink
- × Do not skate at excessive speeds – this rink is **not** intended for speed skating
- × Do not skate backwards
- × Do not stand still or gather in groups whilst on the rink
- × Do not spin, jump or attempt acrobatic tricks or maneuvers – these are not allowed on the rink

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## **SKATER'S CODE OF CONDUCT AND ASSUMPTION OF RISK AGREEMENT**

**Skating is undertaken entirely at your own risk. Management will not be responsible for any loss or injury incurred. Skaters & Spectators understand and agree to the following:**

By engaging in the sport of ice skating, both skaters and spectators are deemed to have knowledge of, and assume the risks associated with skating which include but are not limited to:

- a) Injuries that result from collision or contact with other skaters or other individuals who are on the skating surface.
- b) Injuries that result from slips, trips and falls.
- c) Injuries that involve objects or artificial structures, or obstructions that are within the properly intended path of travel of the skater.

### **Skaters & Spectators also agree to:**

- ▶ The skater is to maintain reasonable control of his/her skating speed at all times.
- ▶ Read and abide by all signs and warning notices posted, whilst co-operating with ice staff.
- ▶ Maintain a proper lookout to avoid other skaters, objects or conditions on the ice surface.
- ▶ Accept responsibility for knowing the range of his/her abilities while on skates, and skate within the limits of that ability and as appropriate to the session on which he/she is skating.
- ▶ Refrain from skating whilst under the influence of drugs, alcohol, or other control impairing substance.
- ▶ Leave the surface of the ice when resurfacing maintenance is taking place, when sessions end, or as directed by staff.
- ▶ Refrain from taking food and drink on to the rink surface, and refrain from chewing gum.

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- ▶ Refrain from acting in a manner that may cause or contribute to injury of themselves or any other person.
- ▶ Refrain from instigating or becoming involved in any type of altercations with any other skater or spectator and engaging in abusive, abrasive or disorderly conduct.
- ▶ Refrain from sitting and climbing on the barrier.

**The rink management and organizers 11<sup>th</sup> Hour Ice Ltd hold the right to refuse entry onto the ice to anyone not complying with the above.**

**Skaters asked to leave or removed from the ice rink will not be refunded for their session fee if breaking this Code of Conduct.**

PLEASE NOTE: 11<sup>th</sup> Hour Ice Ltd hold the right to refuse entry to anyone suspected of being under the influence of alcohol or other control impairing substances.

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